

Ogden academy focuses on kids

Members of programs learn how to make and reach goals for future

By JANIS CARTER

Standard-Examiner correspondent

Kids are not just playing games at the Fundamental Sports Academy.

The academy, created and founded in 1996 by Paul A. Fresques, is aimed at giving youth a safe place to learn more about themselves, helping them to develop fundamental sports skills and achieve educational and life goals.

While participating in a "Good Deeds" program through the academy, the youth are asked to perform a certain number of services to others. Any good deed they do, without being asked to, scores them from 1 to 5 points.

With the points they are able to buy things such as sporting equipment and clothing. Also in the six-month program they are required to do nine hours of community service, concentrating on an area that they are interested in. Fresques gets in touch with a company or group that deals with the youth's career choice or interests and sets the student up there.

Another focus of the academy, which is located at the corner of Wall Avenue and 24th Street in Ogden, is to support the kids in their schooling while helping them to raise their GPAs.

In 1976 Fresques went to play football at Snow College without a scholarship. At 5'8" and with no pants to practice with, he made the starting team and knew that he had obtained something he could really do. But because of some bad choices and a lack of good grades, he ended up transferring to the University of Utah and then to Weber State University, where he focused on academics and graduated.

Because of that experience,

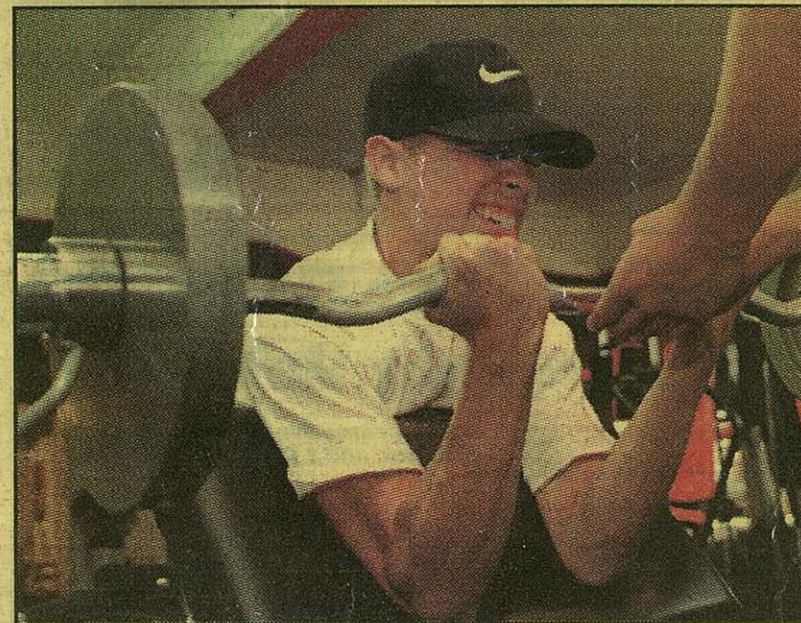


Fresques says he knows that a high academic performance is as important as succeeding in sports, so the kids at his academy chart their grades every quarter so they can see their progress.

Parents' support is an important aspect of the program. For instance, if the child is on track at the academy but hasn't fulfilled his/her requirements at school or at home, the parents help decide the academy grade. This also helps promote clearer communication between parent and child, Fresques said.

The Fundamental Sports Academy mission statement, in part, says the academy's goal is "to set realistic goals and keep

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PRACTICING FOOTWORK: The founder of Fundamental Sports Academy, Paul Fresques (above), watches his students closely as they practice footwork techniques. Fourteen-year-old Andrew Fresques (left) works on his upper body strength. FSA, located on the corner of 24th Street and Wall Avenue in Ogden, aims to give young people a safe place to learn about themselves and their favorite sports, Paul Fresques says.

Photos by AMY NEWMAN/
Standard-Examiner

ROY

Annexation requests filed

The city could get a little larger soon.

Two separate annexation petitions have been filed with the city.

One request involves more than 26 acres at approximately 5125 S. 4300 West. The other involves about six acres at 5625 S. 3500 West.

Those wishing to protest either petition must do so by June 11 with the Weber Boundary Commission 2380 Washington Blvd., Ogden.

UINTAH

Uintah celebrates 75th birthday

This city will mark its 75th birthday June 13 at the U-Day celebration from 8 a.m. to 5 p.m. in the town park.

A breakfast will be served from 8 to 9:30 a.m. The parade begins at 9:45 a.m. and will feature the Corvette Club.

The day will also include baseball games, a baby contest, children's games, food, dancing and singing. There will be open class and amateur arm wrestling competitions. Registration for arm wrestling will be from 8 to 11 a.m.

For more information about arm wrestling, contact Kevin Beller at 737-9664.

PET OF WEEK

Kala, Penny and Winston are available at the Ogden Animal Shelter.

They are a black and white, tabby calico, and tabby, respectively. Shelter workers say there are two females and one male, and all are very sweet, playful and box-trained.

All three can be seen at 1490 Park Blvd. from noon to 4:30 p.m. weekdays and from noon to 2:30 p.m. Saturdays.

